

You have the Biggest Time Saver in Your Pocket

Let's take a short stroll down memory lane. From 2000 until 2009 my life was absolutely crazy, during that time I met so many of you. Palm Pilot Vx to the Treo phones all span those years and we all started to bring mobile technology into our lives. Remember saying "why do I need the internet and email with me all the time?" In August 2001, I found myself sitting in Vancouver, Washington needing a rental car. I had just added a bolt on piece to my Palm that gave me internet, I did my very first search on mobile looking for a rental car. I found one just blocks away.

Fast forward to today almost 20 years later and here I sit with an iPhone XR. All of us have lived the steep learning curve of mobile technology but guess what like years ago that phone is still much smarter than we are! Back then I could wow you guys with my "Tips and Tricks", it's hard to believe I actual had built 9 hours of Palm training spread out over 3 classes. The Vx had 8 MB today our XR can have 256 GB, the Vx had maybe 30 apps (we called them programs back then) today we have over 3 million apps available and 1,400 are being added daily. Wonder how many hours of training I could build for today's mobile technology?

My point here is how much of today's technology do you accept and use? Is your phone helping you get more out of your day or do you find yourself scrolling Facebook, Instagram and Twitter? Are you entering names to that list of phone numbers you have in "Recent" to save you time or are you Snapchatting with a friend? Are you updating your calendar events or reading news, weather and sports? Are you checking your "To Do List" to what you can accomplish or surfing YouTube for pet tricks?

We all have a great tool in mobile technology BUT it can also be our biggest distraction to effective time management! This is article/blog number 16 in my "Raise the Bar" campaign. If you missed any of them you can find them on my FB Timeline, my FB page Dick Betts Blogs or my website. [#raisethebar](#)